

Preventing Alzheimer's Through Detoxifying Cupping Therapy

by Pat Boardman in Health / Alternative Medicine (submitted 2012-01-23)

This article is based on several premises: the first is that our systems need detoxification because we have been ingesting toxins and metals placed in our water, food, and directly deep into muscle tissue through inoculations with vaccines. The second premise is that therapies such as fire cupping are available that can help flush our bodily fluids clean and reduce the chances of developing Alzheimer's later in life as these poisons accumulate and kill brain tissue.

There is new research filling volumes proving that neurological disorders and other health problems like cancer are being caused by contaminants in vaccines and other toxins administered deliberately as part of a eugenics program designed by social engineers of the industrial ruling elite who profit from selling their toxic waste to governments under their control. This clique of 20 or so banking families has run society for centuries; they have been brainwashing people into believing that the world is overpopulated and we should eliminate the unfit, the elderly, and many of the unborn. They are the very rich, the ones who own everything worth owning - most notably the oil industry, the food industry, the military-industrial complex, the pharmaceutical industry, agriculture, and the money supply. A program has been underway for many years to sterilize the population from the think-tanks like the Rockefeller Foundation, the Carnegie Institute, and Council on Foreign Relations who plan out the world's wars and pandemics.

Fluoride is the toxic waste left over from fertilizer production and is the main ingredient in rat poison. The Nazis found that putting it in the drinking water in controlled areas it had the effect of making the public docile. This population-control method was repeated by the Soviets in the gulag system. Fluoride added to water doesn't reduce cavities; it is a powerful cumulative poison. The government sends agents out to small towns to use government granting to entice them to vote fluoridation back in, even though it's proven to have no good effect on the teeth, in fact it causes a dental condition called 'fluorosis' that makes the teeth shatter and doubles the chances of males getting bone cancer.

Inflammation of brain tissue occurs in many people receiving vaccinations, especially the very young; children are getting inoculated at an age where the nerves endings are not fully developed. Aspartame, MSG, Fluoride, Teflon, vaccines, chem-trails from airplanes, mercury, pesticides...all are current factors causing degenerative neurological disorders decades later. Chemicals administered through drinking water, food, the air, and vaccines are causing debilitating arthritis and neurological disorders such as Alzheimer's disease.

Vaccines are based on trying to get the body to react strongly - 80% of the human the immune system exists around the normal entry ways - the nasal passages and gastro-intestinal tract. The whole basis of vaccination is abnormal: you are bypassing the natural immune system and injecting the vaccine into deep muscle tissue, a completely unnatural entrance. Each time you get a vaccine you're getting an aluminum compound, primarily alum. The aluminum produces an abnormally intense immune reaction.

Dr. Russell Blaylock is a major researcher on vaccines; he describes a study where they put a radioactive tag on the aluminum used in a vaccine to see where it would go, and they found that it disseminated throughout the body including the brain and accumulated over decades, possibly a lifetime. It was discovered that aluminum and mercury react very destructively in the brain. Dr. Blaylock states: "The flu vaccine also contains a full dose of mercury. While the mercury is in the brain it changes into a much more toxic form of mercury, the ionic mercury...it's very hard to remove. All of this has been proven in scientific literature, but the problem is the givers of the vaccines - the family doctors, they don't read these things, they just get a pamphlet..."

Today children are getting as many as 40 vaccines, which would mean they've gotten about 36 with aluminum in them. The corporations who supply the toxins are based on a model of expansion: the more vaccines they can make MANDATORY, the more automatic orders will come in every "flu season". In the future, a person could receive a total over 200 vaccinations. The body and brain would be a toxic swamp, causing eventual degeneration.

The good news is that information is available for those who care to do a bit of research and find out some facts on issues like whether or not to take the Swine Flu vaccine. Vaccines don't work so they should be avoided; they can cause autism, epilepsy, and cancer. Detoxification is difficult but once educated the sane person will realize that inoculation is part of a system of social control that we can reject. We can start ingesting clean organic food and things like vitamin E, pure drinking water free of chlorine and fluoride, and taking therapies that flush toxins from the system.

One such therapy is a bit odd to Westerners but has been in use in traditional Chinese medicine for some 2300 years in China: an early recorded use was by the Taoist alchemist and herbalist, Ge Hong (281-341 A.D.). We call it "Fire Cupping therapy" because the procedure uses both fire and round glass balls shaped like fish bowls. This treatment is based on introducing a flame to create a vacuum in the balls. The negative pressure makes the glass cups adhere to the skin's surface, drawing up a patch of skin and superficial muscle tissue as well as attracting blood and lymph fluids to the site in large quantities. Once in place, a towel is placed over the patient's back; the cups stay in place for about ten minutes.

Blood saturates the tissue beneath the cups. This is especially useful over 'knots' in sore, tired, aching muscles where the blood has been squeezed out of the muscle through tension. This newly gathered oxygenated blood bathes the muscle deep to its core, lubricating fibres and contributing to the healing of the tissue. Lymph removes the painful build-up of lactic acid in the tired muscles also. These physiological changes brought about by cupping decrease tension in the muscle and restore blood, thereby relaxing it. There is a stimulating effect on the overall immune system created by this therapy as well as increased energy.

The cups get plopped on your back over pre-selected acupuncture points causing a reddening of the skin. Then more cups are put in place, six or more, and they can be moved around. Performed by acupuncturists in combination with acupressure massage, herbal cream allows the cups to be 'glided' across the back. Fire cupping therapy has the reputation of being the cure for the common cold. The way it works is that the suction stimulates the acupuncture points and

meridians of your body similar to the way acupuncture needles work for the points and meridians, but with no risk of infection by needles.

This ancient therapy of the Ming Dynasty can be used to massage other parts of the body; the cups can slide and glide along the oiled skin, transferring tissue inside the cups as they are moved. This has a similar effect to a deep-tissue massage, but from the inside-out...it relaxes the muscles and restores the function of your internal organs. Moving the bodily fluids around in such a way assists in the overall detoxifying of the system. Vacuum cupping is especially effective at rejuvenating and cleansing the bladder and liver.

Cupping is mainly used for the treatment of pain, gastro-intestinal disorders, and lung diseases like chronic cough and asthma. It is even more effective when used in combination with other types of massage therapy. Cupping therapy can also be used to promote digestion through the large colon. Cups placed strategically over the ascending, transverse, descending and sigmoid colon stimulate a process called peristalsis. Peristalsis requires a large quantity of blood to propel food matter through the digestive tract's muscular walls.

Peristalsis shuts down if there isn't enough blood available and food is left to accumulate instead of passing along the digestive tract, causing blockages. This condition is brought about by stress. Stress automatically shunts blood from the body's organs in the core of the body to the arms and legs via the fight or flight mechanism during emergencies. This primitive survival technique helped us when we were hunters and gatherers but in modern time our bodies cannot recognize and detect real emergencies. They shunt blood to the extremities of the body during perceived 'emergencies' like if we are late for work, agitated about a love relationship, frustrated about money etc.

Because life in this modern age creates many stressors, the organ tissues in the core of our body are left bereft of blood and do not perform the way they are supposed to. Restoring blood to the colon, therefore, stimulates the digestive system to function normally once more. Cupping can promote the respiratory system and the reproductive system as well as the immune system. As person given a proper fire cupping treatment will feel wonderful afterward and more energetic for many days. Practitioners are getting easier to find all the time, as many traditional therapists have immigrated to North America from China skilled in this art.

About the Author

SEO consultant, researcher, and writer Pat Boardman presents these facts and opinions in reference to the Montreal Massage Therapy Centre, where Traditional Chinese Fire Cupping, Acupressure, Acupuncture, Californian Massage, Deep-Tissue Massage, and Reflexology treatments are available.