The effectiveness of wet-cupping for non-specific low back pain in Iran. A randomized controlled trial.

**Results:** Wet-cupping care was associated with clinically significant improvement at 3-month follow-up. The experimental group who received wet-cupping care had significantly lower levels of pain intensity ([95% confidence interval (CI) 1.72 - 2.60] mean difference = 2.17, p < 0.01), pain-related disability (95%)

Immunomodulatory Effects of Bloodletting Cupping Therapy in patients with Rheumatoid Arthritis

RA is a chronic inflammatory systemic disease that causes irreversible joint destruction.

nGroup I - Conventionally Medicinally treated
nGroup II - Combined treatment - Blood Letting Cupping every 4 weeks

**Conclusion:** BLC combined with conventional therapy, exerts marked improvement on the clinical condition of the patient. Especially in the analogue of pain scale, reduces the laboratory markers of disease activity and it modulates the immune cellular conditions, particularly of innate immune response NK cell % and adaptive cellular immune response SIL-2R.